



Lifestyle + Fashion 16-Oct-2017

Life has too much to offer to see it through only one pair of glasses

If you are like most people, you probably have more than a single pair of shoes in your closet - but do you have a secondary pair of glasses?

There is no such thing as a perfect pair of spectacles. Some might think this statement is ridiculous. If you do, think again: Every situation in life, each activity and the ever changing weather – they all require different things of our eyes. Hence, customised secondary glasses do come in handy as they make life easier and more relaxed.



Secondary glasses: sun glasses

Of course you already own a standard pair of glasses that accompanies you wherever you go. You

rely on your spectacles. Naturally, there are also several good reasons why you should consider acquiring at least one or more additional pairs. After all, you should have vision aids that keep up with everything you do.

Choose your supplementary or secondary pair of glasses based on your personal needs: Your occupation, leisure time activities and fashion preferences.

The first item on your list should be your substitute pair of glasses for emergencies. Just imagine what would happen if you ever lost your glasses or broke them? Your loyal companion plays an important role in your life. In other words, it's a good thing if you have an equally dependable stand-in on hand – just in case.



Secondary glasses: business glasses

Some of you are probably more enthusiastic about fashion than others. Nonetheless, a different pair of glasses for special occasions or a fashionable pair of spectacles that gives you a distinguished look is one of those little luxuries that can enhance your style - just for the fun of it, or as a fashionable accessory to wear with a stylish outfit or to festive events, a night at the opera or a wedding. Most people feel good when they know they look great. So go ahead, be yourself, be bold and more fashionable. Change your look often and emphasise your personality. You might also want to consider glasses with a different frame to wear in your leisure time.

> [Sports glasses](#) are great tools for professional and amateur athletes. They provide safety, protection and perfect vision, regardless of whether you are looking for > [sunglasses](#), > [golf glasses](#) or goggles to wear in the water.



Secondary glasses: sports glasses

Excellent vision makes a huge difference in sports activities. If you cannot see well, you may not only

miss a ball you need to catch or a goal you could score, you will also be more accident prone. Keep in mind every type of sport requires excellent depth and motion perception as well as fast vision adjustments so that a player can zoom in on opponents, teammates and sports objects. In most cases, standard glasses will not do and it is essential to use a pair of special glasses. Sports and sunglasses will not only protect your eyes from [harmful UV rays](#), but also from airstream, dust, insects or branches by the side of the road. Make sure your sports glasses are comfortable and have a secure fit. Many come with an elastic sports band to secure them or a soft bridge to protect your nose.

Do you work on a computer all day? Do you see the keyboard clearly, but the image on the monitor is blurred? Do you have to spy above the rims of your glasses or even turn your head if you want to recognise a co-worker who is entering your office? If so, you are a perfect candidate for progressive lenses. They are perfect for people who do computer work and will make long days at the office much easier on your eyes.

You may also want to consider a pair of driving glasses you keep in your car. This will make you a safer and more comfortable driver, especially if you drive long distances; both, day or night. Changing light conditions, road signs that are hard to make out at night or reflections on streets wet with rain: our eyes have to deal with so many challenges when we drive.

An excellent pair of sunglasses with 100% [UV ray protection](#) should definitely be on your shopping list for secondary glasses. UV protection is indispensable for your eyes. The lenses should be adjusted to your latest vision needs at regular intervals, just like those of your all-round everyday spectacles. If you prefer not to constantly have to switch back and forth between spectacles and sunglasses as light conditions change, you might want to consider an indoor/outdoor solution with lenses that automatically adjust to changing light conditions: [PhotoFusion](#).

Are you an avid reader? Reading is fun and relaxing. However, reading does tire the eyes as they have to quickly recognise large and small print. Extended phases of concentration and inadequate lighting make reading in bed or on the couch particularly tough on the eyes. A pair of reading glasses that has been specifically customised for these requirements will make long reading sessions much easier on your vision.

Last, but not least: You might need special glasses for your recreational activities. Whenever you are engaged in your favourite activity, make sure you can see well – regardless of whether you are crafting, knitting or crocheting or working in the garden. Sturdy glasses that support your eyes' needs make the things you enjoy so much even more delightful.

By now it has very likely become obvious to you that you need more than one pair of glasses. Obviously, the next step is to choose and budget.

To find out more, see your local optician. He or she will be pleased to show you a range of solutions based on your individual needs and expectations. Choose what is best for you – customised glasses that will enhance your life.



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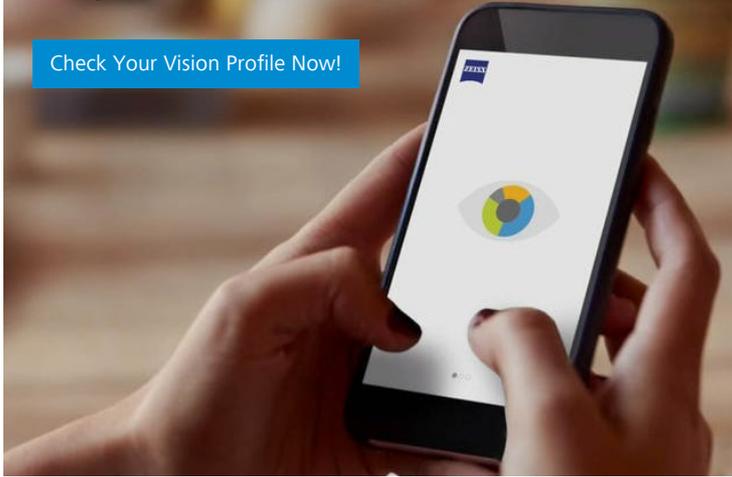
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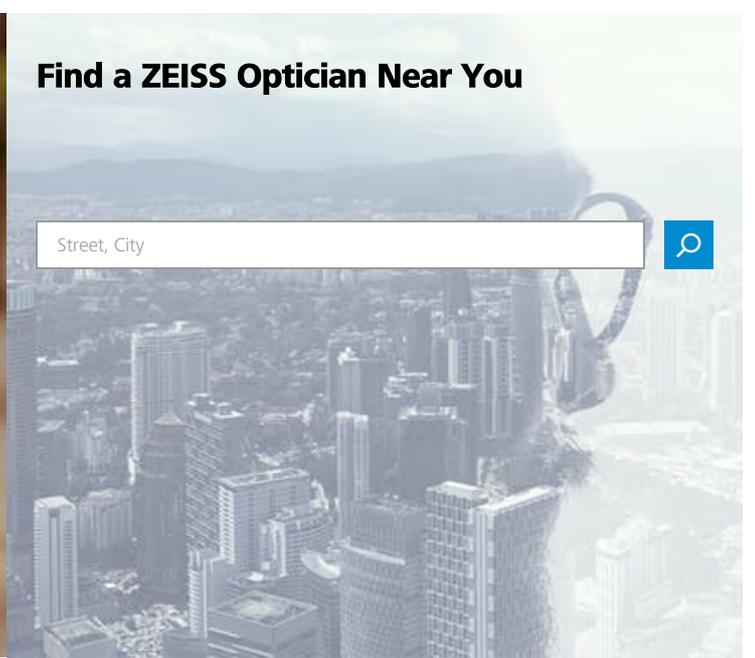
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