A structure-oriented introduction to the diagnosis of OCT angiograms





Basics of OCT Angiography

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Today, modern imaging techniques such as high-resolution optical coherence tomography (OCT) are firmly anchored in everyday clinical practice. Fast and non-invasively executable, they support diagnosis and therapy planning for a large number of pathological changes.

OCT Angiography based on this technique makes it possible to non-invasively detect the blood circulation of the retina and the choroid on the microscopic scale. This thus selectively supplements the spectrum of diagnostic imaging modalities.

Like any new technology, OCT Angiography also requires a learning curve in the clinical evaluation of the exposures. Particularly the three-dimensional nature of the data sets presents new challenges to the viewer. With the right basic knowledge, the latter can, however, be reliably controlled.

The present interpretative guideline should guide you through your first steps in the evaluation of OCT angiograms and provide you with a practical guideline for handling these seemingly innovative and medically fascinating images.

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OCT Angiography OCT Angiography detects temporal changes in the OCT signal



Optical coherence tomography (OCT) describes **spatial differences** in the reflection behavior of the individual layers of the retina. OCT Angiography (OCT-A) is based on OCT technology and displays **temporal changes** in reflection behavior within these layers (e.g. through moving particles such as erythrocytes in blood vessels).



OCT cross sectional image with superimposition of OCT Angiography signals (red color marking)



OCT Angiogram

OCT Angiography OCT Angiography detects temporal changes in the OCT signal



Proof of these signal changes is provided by comparing OCT sectional images repeatedly acquired at a single location of the retina. This makes it possible to produce an image contrast between the vascular structures and the surrounding tissue. Due to the lack of movement, the latter shows no temporal changes in the OCT signal.



Sectional images repeatedly scanned in a single position





Sectional images repeatedly scanned in a single position

Two-dimensional representation

OCT Angiograms **Projection representations of selected layers of the retina**

In the case of OCT-A images, a selected area is viewed which is clearly delimited by the segmentation lines in the OCT sectional view. Within this area, all signals along the direction of the OCT beam are summed and displayed two-dimensionally.



Content

Review Layers of the retina in the OCT



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Content

Review Layers of the retina in detail





Review Layers of the retina in detail



Content

Overview OCT Angiograms



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Overview Vitreoretinal interface

This representation permits analysis of the vitroretinal interface. In normal findings no vascular structures are displayed there. In OCT angiography, verifiable vascular networks always indicate a pathological change on the vitroretinal interface.





Overview

Content

Inner limit: 300 µm above the internal limiting membrane (ILM) Outer limit: Internal limiting membrane (ILM)

Image source: ZEISS Clinical Database

Overview Neurosensory retina

This representation examines the neurosensory retina. This provides an initial complete overview of pathological changes within the retina, e.g.

- Damage to vascular networks (e.g. ischemic areas, see arrow)
- Ingrowths of pathologically changed vessels from the choroid





Overview 🔍 Content

Inner limit: Internal limiting membrane (ILM) Outer limit: 70 μm above Bruch's membrane

Image source: ZEISS Clinical Database

Image source: ZEISS Clinical Database

Overview Choriocapillaris

The choriocapillaris is a thin vascular layer which is only several micrometers thick and, in normal findings, exhibits a regular, homogeneous and netlike vascular pattern. In the case of pathological changes such as the occurrence of neovascular structures, significant deviations from this homogeneous pattern occur.



Inner limit: 29 µm below RPE Outer limit: 49 µm below RPE







Overview Choroid

With normal findings in OCT-A, the choroid exhibits a regular, homogeneous and relatively dense vascular pattern. In the case of pathological changes, for instance the occurrence of neovascular vessel structures, significant deviations from this homogeneous pattern appear.





Overview

Content

Inner limit: 64 μm below Bruch's membrane Outer limit: 115 μm below Bruch's membrane

Image source: ZEISS Clinical Database

Detailed analysis Layers of the retina



Detailed analysis Neurosensory retina (color coded)

In this representation, different vascular networks are highlighted in color: superficial plexus = red, deep vascular plexus = green, avascular area = blue. In normal findings, only the red and green components of the superficial and deep vascular plexus appear. Changes in this color distribution enable the localization of pathological changes via depth selection.





Overview

Content

Inner limit: Internal limiting membrane (ILM) Outer limit: 70 μm above Bruch's membrane

Detailed analysis Superficial vascular plexus

With normal findings, the superficial vascular plexus is displayed as a fine capillary network with a strong signal. Especially the large vessels define a characteristic vascular pattern. The area of the fovea does not display any capillary structures (foveal avascular zone, FAZ, see arrow).





Overview

ZDINN

Content

Inner limit: Internal limiting membrane (ILM) Outer limit: Inner plexiform layer

Detailed analysis Deep vascular plexus

The deep vascular plexus exhibits a very dense and branched capillary network. With normal findings, this ranges up to and into the perifoveal area. The following case study shows perfusion disruptions in the deep vascular plexus (see arrow).



Image source: ZEISS Clinical Database

Content

B3

Image source: ZEISS Clinical Database

Detailed analysis Avascular zone

In normal findings, no flow effects can be observed due to the missing vessels in OCT-A. Signal components in the area of the avascular zone may be an indication of pathologically altered retinal layers or vascular structures.



B3

Inner limit: Outer plexiform layer **Outer limit: Photoreceptors**





Substantial artifacts **Overview**

Content



Substantial artifacts **Projection effects**

OCT-A displays signal changes in the reflection behavior in tissue. The blood flow in a superficial vessel also induces a signal change in a deeper vascular structure. This signal change is detected as blood flow and the superficial vascular structure appears – incorrectly – as a projection in the deeper tissue layers (see arrows).



Content

Substantial artifacts **Projection effects**

OCT-A displays signal changes in the reflection behavior in tissue. The blood flow in a superficial vessel also induces a signal change in a deeper vascular structure. This signal change is detected as blood flow and the superficial vascular structure appears – incorrectly – as a projection in the deeper tissue layers (see arrows).



Content

Substantial artifacts **Projection effects**

These projections are especially effective on the highly reflective layers in OCT such as the internal limiting membrane (Example below: retinal vascular occlusion).



Content

Image source: ZEISS Clinical Database

Substantial artifacts **Projection effects**

These projections are especially effective on the highly reflective layers in OCT such as the internal limiting membrane (Example below: retinal vascular occlusion) and the retinal pigment epithelium (Example below: pigment epithelial detachment).

Pigment epithelial detachment







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Substantial artifacts **Shadowing and window effects**

In OCT-A, temporal changes in the OCT signal are detected. The greater the absolute changes in the reflection signal are, the stronger the image contrast becomes at this location. The measured OCT-A signal thus also depends directly on the amount of light that falls on the structure to be examined.

Pigment epithelial detachment





Overview

ZDINN

Content



Substantial artifacts **Shadowing and window effects**

This can be observed especially when analyzing layers located below highly reflective layers (e.g. RPE, fibroses) or extremely thick layers (e.g. edemas). The visible changes in the OCT-A image display rather local shadowing effects here (see arrows).

Diabetic macular edema





Image source: ZEISS Clinical Database

Content

Substantial artifacts Shadowing and window effects

On the other hand, the loss of the overlying tissue layers leads to improved penetration of the OCT beam, and therefore to improved detectability of normal vascular perfusion in comparison to the surrounding tissue (see arrows).



Image source: ZEISS Clinical Database

Content

Case study 1: Diabetic retinopathy **Overview**



Image source: ZEISS Clinical Database

Case study 1: Diabetic retinopathy **OCT-A overview**





Case study 1: Diabetic retinopathy **OCT-A overview**





The neurosensory retina displays an overall regular vascular pattern. Temporally, areas with a considerably reduced signal intensity can be detected (see arrows). These indicate perfusion disorders in this area.





Case study 1: Diabetic retinopathy **OCT-A** overview





Choriocapillaris

Case study 1: Diabetic retinopathy **OCT-A overview**

Overview Content



Choroid





Case study 1: Diabetic retinopathy **OCT-A detailed analysis**





The color coded representation of the retinal layers shows a loss of the red and green coded information in the abnormal areas (see arrows).

Retina (color-coded)



Case study 1: Diabetic retinopathy **OCT-A detailed analysis**





Superficial vascular plexus

Case study 1: Diabetic retinopathy **OCT-A detailed analysis**



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Deep vascular plexus

Case study 1: Diabetic retinopathy **OCT-A detailed analysis**



The OCT-A representation from the avascular zone shows no abnormalities. Only several projection artifacts can be detected, which clearly must be assigned to the overlying vascular layers.



Avascular zone
Case study 2: Diabetic retinopathy **Overview**



Image source: ZEISS Clinical Database

Case study 2: Diabetic retinopathy **OCT-A overview**





Vitreoretinal interface

Case study 2: Diabetic retinopathy **OCT-A overview**



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Retina

Several areas show a severely diminished flow signal as well as proliferative vascular networks and microaneurysms. Signal components partially originate from projection effects of the superficial vascular networks on the vitreous body interface.







Case study 2: Diabetic retinopathy **OCT-A overview**





Choriocapillaris

Case study 2: Diabetic retinopathy **OCT-A** overview



Choroid

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Overview Content

Case study 2: Diabetic retinopathy **OCT-A detailed analysis**



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Retina (color coded)

Case study 2: Diabetic retinopathy **OCT-A detailed analysis**



In some areas, it can be assumed that the deep vascular plexus is more strongly affected. The vascular proliferations are, however, more likely attributable to the superficial vascular plexus, seen here.

Superficial vascular plexus





Case study 2: Diabetic retinopathy **OCT-A detailed analysis**



Deep vascular plexus

Overview Content

Case study 2: Diabetic retinopathy **OCT-A detailed analysis**





Avascular zone

Case study 2: Diabetic retinopathy **Overview of follow-up examination**





The areas of reduced signal intensity and the altered vascular structures are easy to evaluate in the course of time. This example shows a locally more pronounced vascular network in the follow-up examination.

Retina (color coded)



Initial examination



The areas of reduced signal intensity and the altered vascular structures are easy to evaluate in the course of time. This example shows a locally more pronounced vascular network in the follow-up examination.

Retina (color coded)



Follow-up examination (4 months later)



The areas of reduced signal intensity and the altered vascular structures are easy to evaluate in the course of time. This example shows a locally more pronounced vascular network in the follow-up examination.

Superficial vascular plexus





Initial examination



The areas of reduced signal intensity and the altered vascular structures are easy to evaluate in the course of time. This example shows a locally more pronounced vascular network in the follow-up examination.

Superficial vascular plexus





Case study 3: Retinal vein occlusion **Overview**



Image source: ZEISS Clinical Database

Case study 3: Retinal vein occlusion **OCT-A** overview



Vitreoretinal interface

shows very pronounced and finely branched neovascularizations.



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Overview Content

Case study 3: Retinal vein occlusion **OCT-A overview**



Case study 3: Retinal vein occlusion **OCT-A overview**



Case study 3: Retinal vein occlusion **OCT-A overview**



Case study 3: Retinal vein occlusion **OCT-A detailed analysis**

Overview Content



Retina (color coded)

Image source: ZEISS Clinical Database

Case study 3: Retinal vein occlusion **OCT-A detailed analysis**



An abnormally altered vascular network can be recognized. The localization of this neovascularization agrees well with the abnormal vascular pattern in the vitreous body interface and therefore probably represents a projection artifact.



Superficial vascular plexus



Case study 3: Retinal vein occlusion **OCT-A detailed analysis**



Deep vascular plexus

The localization of the visible neovascularization agrees well with the abnormal vascular pattern in the vitreous body interface and therefore probably represents a projection artifact.



Case study 3: Retinal vein occlusion **OCT-A detailed analysis**



Avascular zone

Content

Overview

Case study 4: Diabetic macular edema **Overview**



Image source: ZEISS Clinical Database

Case study 4: Diabetic macular edema **OCT-A** overview



Vitreoretinal interface

Overview Content

Case study 4: Diabetic macular edema **OCT-A overview**



Retina

The OCT angiogram shows an irregularly altered and extended foveal avascular zone. The OCT sectional image shows a pronounced macular edema. Characteristically altered vascular structures are identifiable in the entire image section.





Case study 4: Diabetic macular edema **OCT-A overview**





Choriocapillaris

Case study 4: Diabetic macular edema **OCT-A overview**







Retina (color coded)



ZEIN



Superficial vascular plexus



In the area of the macula, a reduced signal intensity appears. At this location, the corresponding OCT sectional image shows intraretinal fluid. It cannot be assessed with certainty whether the deep vascular plexus is extensively affected at this location.



Deep vascular plexus



Case study 5: Macular telangiectasia **Overview**



Image source: ZEISS Clinical Database

Case study 5: Macular telangiectasia **OCT-A overview**



Case study 5: Macular telangiectasia **OCT-A overview**



Case study 5: Macular telangiectasia **OCT-A** overview





Choriocapillaris

At this location in the representation of the choroid and the choriocapillaris, hypointense areas can be seen. These are shadowing effects caused by RPE detachment.




Case study 5: Macular telangiectasia **OCT-A overview**

Overview Content

The surrounding hyperintense margin probably comes from window effects of the extensively and diffusely dispersed vascular structures in the overlying layers.







Case study 5: Macular telangiectasia OCT-A detailed analysis



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In the color-coded representation of the retina, the dispersed vascular structure appears with a pronounced blue component.

Retina (color coded)





Case study 5: Macular telangiectasia **OCT-A detailed analysis**





Superficial vascular plexus

Source: Courtesy of the ophthalmologists of St. Franziskus Hospital, Münster.

Case study 5: Macular telangiectasia OCT-A detailed analysis





Case study 5: Macular telangiectasia OCT-A detailed analysis





Image source: ZEISS Clinical Database





Retina

Focal, unclearly demarcated areas of increased signal intensity appear. In the upper and lower hemisphere, diffuse patterns of increased signal intensity also can be detected.







Choriocapillaris



These also can be detected in the area of the choroid, however, not sharply separable from the associated projection artifacts. The hypointense areas here represent shadowings caused by the overlying detachment of the RPE.





Choroid

Case study 6: Choroidal neovascularization **OCT-A detailed analysis**



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Retina (color coded)

Case study 6: Choroidal neovascularization **OCT-A detailed analysis**





Superficial vascular plexus

Case study 6: Choroidal neovascularization **OCT-A detailed analysis**





Deep vascular plexus

Image source: ZEISS Clinical Database

Case study 6: Choroidal neovascularization **OCT-A detailed analysis**



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At this location, the OCT shows a detachment of the retinal pigment epithelium in the area of the avascular zone. This involves mainly projection artifacts of overlying vascular layers here.

Avascular zone











Browse through our collection of doctor experiences on our dedicated OCT Angiography portal, ZEISS OCT Access on EyeTube <u>https://eyetube.net/collection/zeiss-clinical</u>

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